

# What Is Dyspraxia? How Is Dyspraxia Treated?

**A person with dyspraxia has problems with movement, coordination, judgment, processing, memory and some other cognitive skills. Dyspraxia also affects the body's immune and nervous systems.**

Dyspraxia is also known as Motor Learning Difficulties, Perceptuo-Motor Dysfunction, and Developmental Coordination Disorder (DCD). The terms Minimal Brain Damage and Clumsy Child Syndrome are no longer used.

According to the [National Center for Learning Disabilities](#)<sup>1</sup>, individuals with dyspraxia have difficulties in planning and completing fine motor tasks. This can range from simple motor movements, such as waving goodbye, to more complex ones like brushing one's teeth.

This Medical News Today (MNT) article contains the essential details about dyspraxia. It describes [what](#) it is, its [causes](#), who develops dyspraxia and the [symptoms](#) they have, how it is [diagnosed](#), and offers an overview of current [treatment](#) options.

At the end of some of the sections you will see introductions to any recent developments that have been covered by MNT's news stories.

## What is dyspraxia?

Individuals with dyspraxia often have language problems, and sometimes a degree of difficulty with thought and perception. Dyspraxia, however, does not affect the person's intelligence, although it can cause learning problems in children.

Developmental dyspraxia is an immaturity of the organization of movement. The brain does not process information in a way that allows for a full transmission of neural messages. A person with dyspraxia finds it difficult to plan what to do, and how to do it.

### Later on in Childhood

- Many of the challenges listed above do not improve, or do so very slightly
- Tries to avoid sports and PE
- Learns well on a one-on-one basis, but nowhere near as well in class with other kids around
- Reacts to all stimuli equally (not filtering out irrelevant stimuli automatically)
- Mathematics and writing are difficult
- Spends a long time getting writing done
- Does not follow instructions
- Does not remember instructions
- Is badly organized